

## Evaluation of Pregnant or Unknown Pregnancy Status Females in N. C. Local Health Department STD Clinics Algorithm

Asymptomatic Pregnant Females \*



- Mid-level or MD
- Routine STD history and risk assessment
  - Standard STD physical exam (with speculum and bimanual, at provider's discretion)
  - HIV/syphilis/GC/CT and wet prep testing
  - Referral for prenatal care



- STD ERRN
- Routine STD history and risk assessment
  - Modified STD physical exam
    - no speculum or bimanual
    - visual inspection of external genitalia and vaginal introitus only
    - Client or RN collected vaginal swab for GC/CT and wet prep
  - HIV/syphilis blood testing
  - Referral for prenatal care

Females of Unknown Pregnancy Status\*\*



- STD ERRN
- Routine STD history and risk assessment
  - Offer pregnancy test (preferably free)
    - if negative proceed with standard STD exam
  - If positive or not done proceed with modified STD physical exam
    - no speculum or bimanual
    - visual inspection of external genitalia and vaginal introitus only
    - Client or RN collected vaginal swab for GC/CT and wet prep
  - HIV/syphilis blood testing
  - Referral for prenatal care if pregnant
  - Refer to family planning if unknown pregnancy status

\* if any female (pregnant or unknown pregnancy status) complains of symptoms of fever, abdominal pain, abdominal cramping or vaginal bleeding during the risk assessment, the STD ERRN should consult with higher-level provider prior to proceeding with exam.

\*\*if any female's first day of last menses occurred more than 35 days ago and not on or consistently using a birth control method.