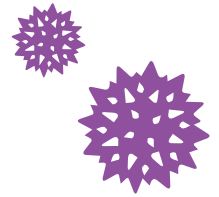


North Carolina

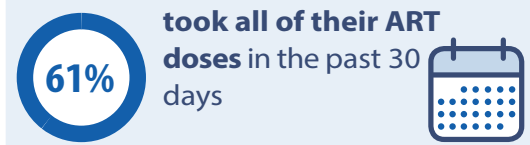
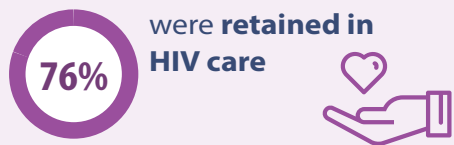


Behavioral and Clinical Characteristics of People with Diagnosed HIV Infection



Data collected from June 2015 – May 2020

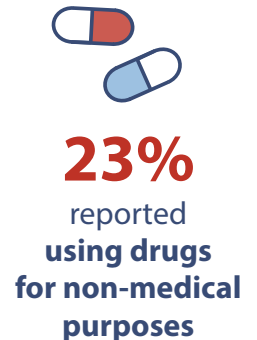
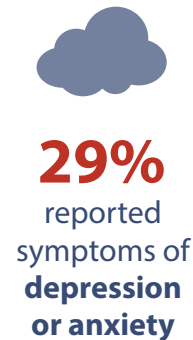
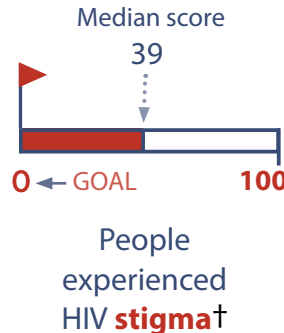
Retention in medical care and antiretroviral therapy (ART) are critical for sustained viral suppression.



Sustained viral suppression **leads to better health outcomes** and **lower HIV transmission risk.**



Many people with HIV faced challenges maintaining viral suppression.



4% engaged in high-risk sex*

-
- ▶ Risk of HIV transmission can be lowered through use of multiple HIV prevention strategies.
 - ▶ For more information on how to protect others, go to www.cdc.gov/hiv/basics/livingwithhiv/protecting-others.html.

† Median score calculated from a 10-item scale ranging from 0 (no stigma) to 100 (high stigma) that measures four dimensions of HIV stigma: personalized stigma, disclosure concerns, negative self-image, and perceived public attitudes about people living with HIV.

* High-risk sex is defined as not having sustained viral suppression and having condomless sex with an HIV-negative or unknown status partner who was not taking PrEP.

The Medical Monitoring Project (MMP) is a cross-sectional, locally and nationally representative sample survey that assesses the behavioral and clinical characteristics of adults with diagnosed HIV in the United States and Puerto Rico.

To learn more about the project, visit www.cdc.gov/hiv/statistics/systems/mmp.

Questions? Contact us:

NC Department of Health and Human Services
Communicable Disease Branch, Epidemiology Section
1902 Mail Service Center, Raleigh, NC 27699-1902
Phone: (919) 733-3419

Erika Samoff, MPH, PhD, Principal Investigator
Phone: (919) 546-1620
Email: erika.samoff@dhhs.nc.gov

