Evaluation of Pregnant or Unknown Pregnancy Status Females in N. C. Local Health Department STD Clinics Algorithm

Asymptomatic Pregnant Females *

Mid-level or MD
- Routine STD history and risk assessment
- Standard STD physical exam (with speculum and bimanual, at provider’s discretion)
- HIV/syphilis/GC/CT and wet prep testing
- Referral for prenatal care

STD ERRN
- Routine STD history and risk assessment
- Modified STD physical exam
  - no speculum or bimanual
  - visual inspection of external genitalia and vaginal introitus only
  - Client or RN collected vaginal swab for GC/CT and wet prep
- HIV/syphilis blood testing
- Referral for prenatal care if pregnant
- Refer to family planning if unknown pregnancy status

Females of Unknown Pregnancy Status**

STD ERRN
- Routine STD history and risk assessment
- Offer pregnancy test (preferably free)
  - if negative proceed with standard STD exam
- If positive or not done proceed with modified STD physical exam
  - no speculum or bimanual
  - visual inspection of external genitalia and vaginal introitus only
  - Client or RN collected vaginal swab for GC/CT and wet prep
- HIV/syphilis blood testing
- Referral for prenatal care if pregnant
- Refer to family planning if unknown pregnancy status

* if any female (pregnant or unknown pregnancy status) complains of symptoms of fever, abdominal pain, abdominal cramping or vaginal bleeding during the risk assessment, the STD ERRN should consult with higher-level provider prior to proceeding with exam.
**if any female’s first day of last menses occurred more than 35 days ago and not on or consistently using a birth control method.