

NC Department of Health and Human Services

### Viral Hepatitis C Epidemiology in North Carolina, 2020

Division of Public Health/Epidemiology Section/Communicable Disease Branch

November 2021

Where to find Hepatitis B/C Surveillance

Information?



https://epi.dph.ncdhhs.gov/cd/stds/figures.html

#### Hepatitis C in United States and North Carolina

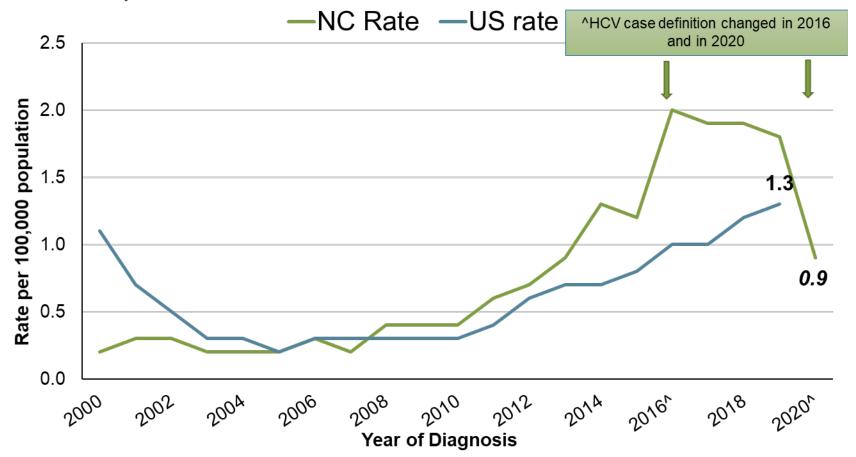
- Number of reported acute HCV cases in 2019<sup>1</sup>: 4,136
  - Estimated number of new HCV cases in 2019<sup>1</sup>: 57,500 (95% CI: 45,500-196,000)
  - Increase associated with rising rates of injection drug use and improved case detection<sup>1</sup>
  - From 2005 to 2019, the greatest increase in the rate of acute HCV occurred among the 20-39 age group<sup>1</sup>
- Using national prevalence data, CDC estimates that 2.4 million people are living with HCV in the U.S.<sup>2</sup>
- In North Carolina, we estimate at least 200,000 people are living with HCV
- In North Carolina\*:
  - 100 people were diagnosed with acute HCV in 2020
  - There were 72,552 people diagnosed with chronic HCV and presumed alive at the end of 2020
  - 12,313 people were newly reported with chronic HCV in 2020
- There is no vaccine for HCV, but there is a cure!!

<sup>&</sup>lt;sup>1</sup>Data only available for 2019. Surveillance for Viral Hepatitis-United States, 2019 from Centers for Disease Control and Prevention (https://www.cdc.gov/hepatitis/statistics/2019surveillance/HepC.htm).

<sup>&</sup>lt;sup>2</sup>Hepatitis C Overview. <a href="https://www.cdc.gov/hepatitis/hcv/hcvfaq.htm#section1">https://www.cdc.gov/hepatitis/hcv/hcvfaq.htm#section1</a>.

<sup>\*</sup>Note: 2020 data should be treated with caution due to reduced availability of testing caused by the COVID-19 pandemic. Data is italicized for this reason.

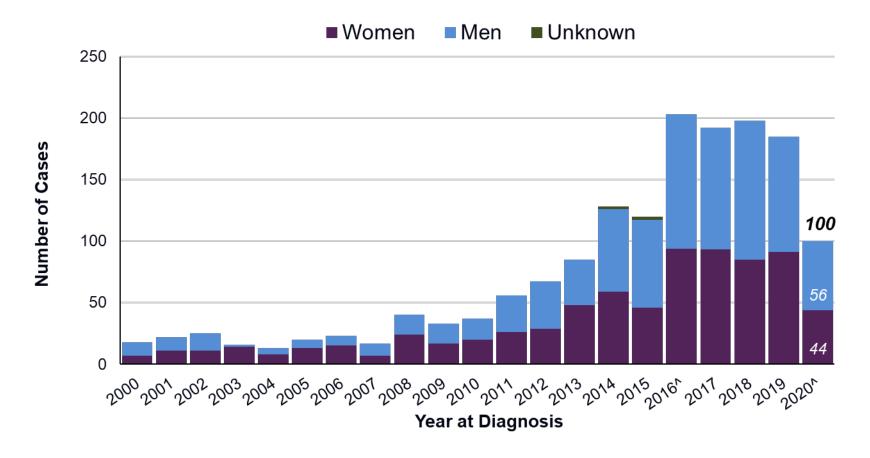
## Acute HCV Rates in North Carolina and United States, 2000-2020\*



<sup>\*</sup>Note: 2020 data should be treated with caution due to reduced availability of testing caused by the COVID-19 pandemic. Data is italicized for this reason. ^Case definition for hepatitis C changed in 2016 and in 2020.

Data Source: North Carolina Electronic Disease Surveillance System (NC EDSS) (data as of August 1, 2021) and Surveillance for Viral Hepatitis, United States, 2000-2019 CDC reports (https://www.cdc.gov/hepatitis/statistics/2019surveillance/HepC.htm).

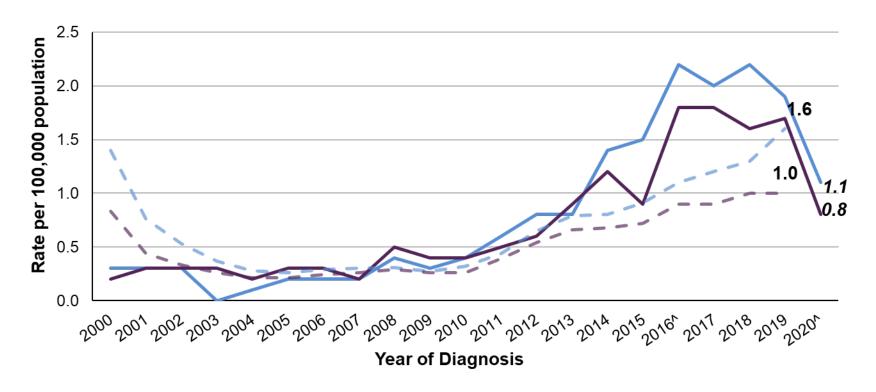
### Acute HCV Cases by Gender in North Carolina 2000-2020\*



\*Note: 2020 data should be treated with caution due to reduced availability of testing caused by the COVID-19 pandemic. Data is italicized for this reason. ^^Case definition for hepatitis C changed in 2016 and then again in 2020.

# Acute HCV Rates by Gender in North Carolina and United States, 2000-2020\*

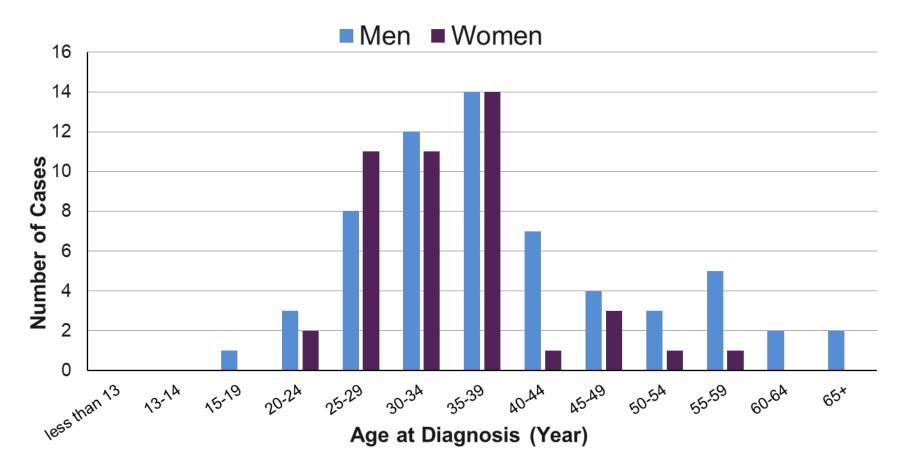
— NC Rate-Men — NC Rate-Women — US Rate-Men — US Rate-Women



\*Note: 2020 data should be treated with caution due to reduced availability of testing caused by the COVID-19 pandemic. Data is italicized for this reason. ^Case definition for hepatitis C changed in 2016 and in 2020.

Data Source: North Carolina Electronic Disease Surveillance System (NC EDSS) (data as of August 1, 2021) and Surveillance for Viral Hepatitis, United States, 2000-2019 CDC reports (https://www.cdc.gov/hepatitis/statistics/2019surveillance/HepC.htm).

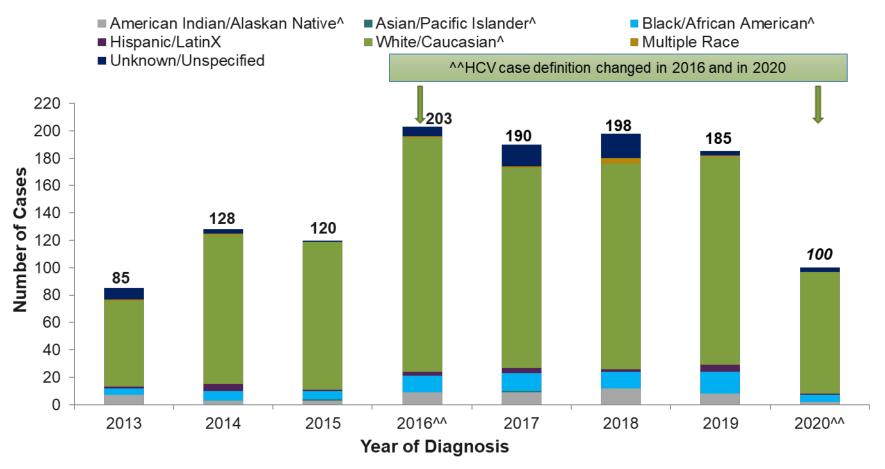
# Age Distribution of Acute HCV Cases by Gender in North Carolina, 2020\*



\*Note: 2020 data should be treated with caution due to reduced availability of testing caused by the COVID-19 pandemic.

Case definition for hepatitis C changed in 2020.

## Acute HCV Cases by Race/Ethnicity North Carolina 2013-2020\*

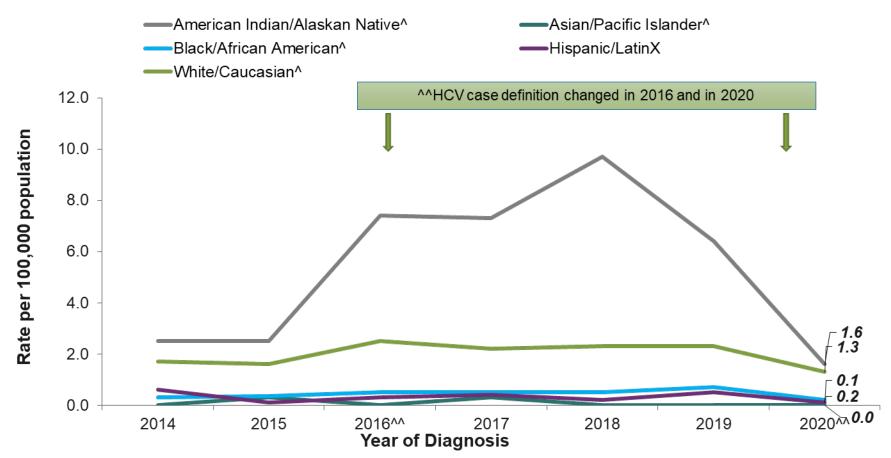


<sup>\*</sup>Note: 2020 data should be treated with caution due to reduced availability of testing caused by the COVID-19 pandemic. Data is italicized for this reason.

<sup>^</sup>Non-Hispanic/LatinX.

<sup>^^</sup>Case definition for hepatitis C changed in 2016 and in 2020.

## Acute HCV Rates by Race/Ethnicity North Carolina 2013-2020\*

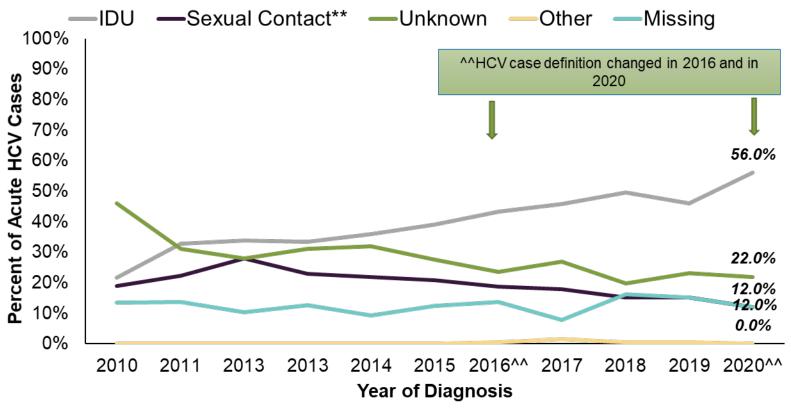


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<sup>^</sup>Non-Hispanic/LatinX.

<sup>^^</sup>Case definition for hepatitis C changed in 2016 and in 2020.

#### Acute HCV Cases by Self-Reported Risk<sup>^</sup> North Carolina 2010-2020\*



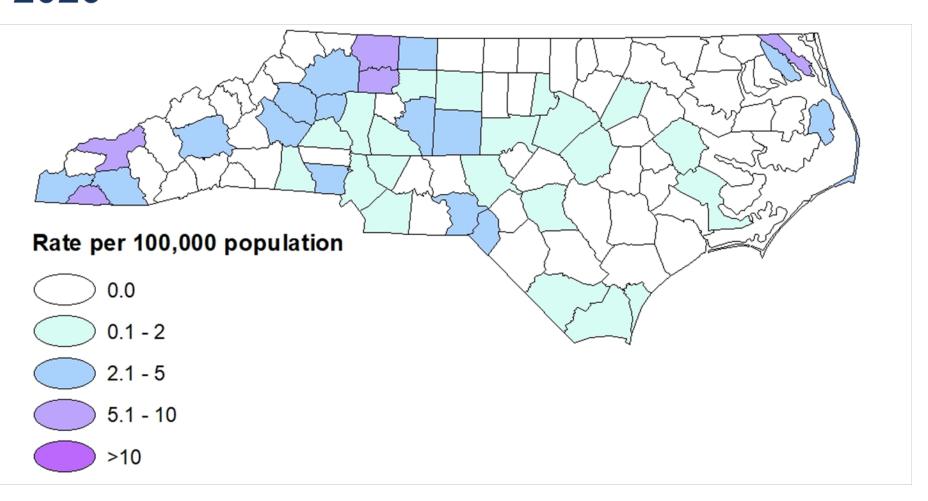
\*Note: 2020 data should be treated with caution due to reduced availability of testing caused by the COVID-19 pandemic. Data is italicized for this reason.

<sup>^</sup>Risk is based on a hierarchical risk. Rates are not presented due to the lack of population data for the exposure groups. Other risk includes healthcare exposure or contact with a positive HCV individual.

<sup>\*\*</sup>It is likely that sexual contact (heterosexual or MSM), while true for the patient, is not the transmission route for the virus. These data likely reflect under-reporting of higher-risk exposures such as injecting drug use.

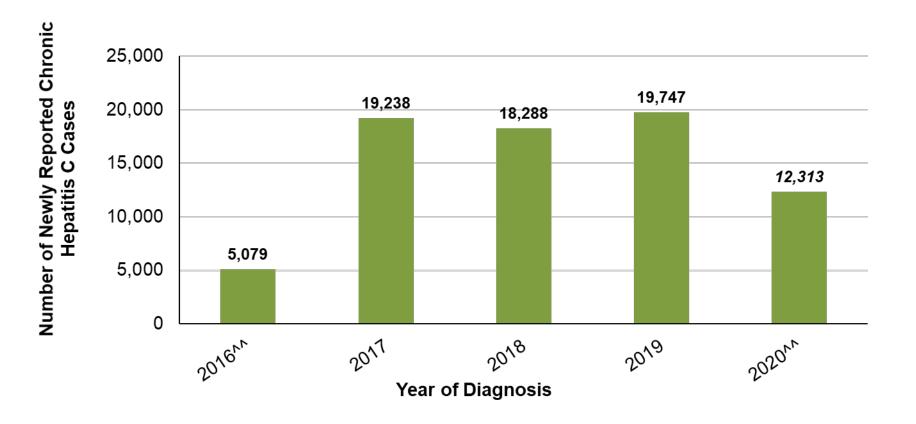
<sup>^^</sup>Case definition for hepatitis C changed in 2016 and in 2020.

### Acute HCV County Rates in North Carolina 2020\*



<sup>\*</sup>Note: 2020 data should be treated with caution due to reduced availability of testing caused by the COVID-19 pandemic. Data is italicized for this reason. Data Source: North Carolina Electronic Disease Surveillance System (NC EDSS) (data as of August 1, 2021).

# Number of Chronic HCV Reported in North Carolina, 2016^-2020\*

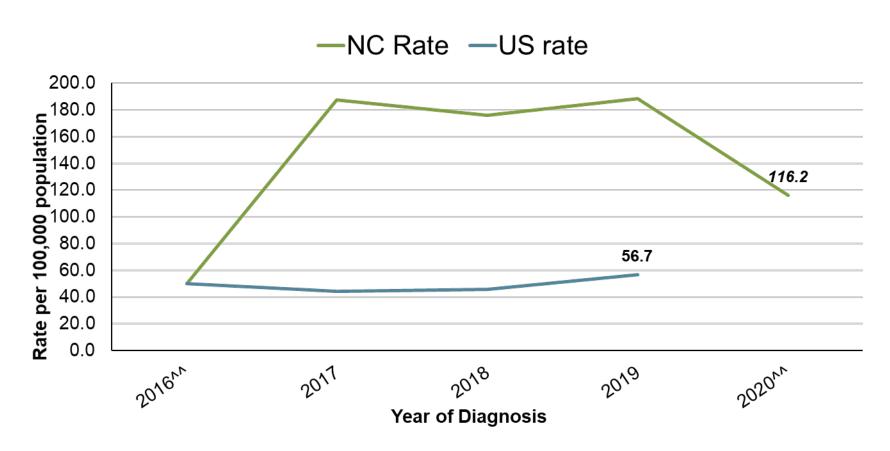


<sup>\*</sup>Note: 2020 data should be treated with caution due to reduced availability of testing caused by the COVID-19 pandemic. Data is italicized for this reason.

<sup>^</sup>Case definition for hepatitis C changed in 2016 and in 2020.

Data Source: North Carolina Electronic Disease Surveillance System (NC EDSS) (data as of August 1, 2021).

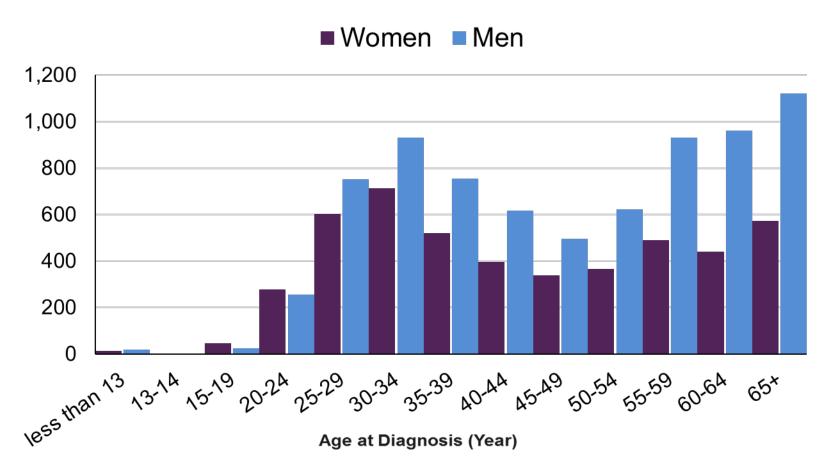
# Chronic HCV Rates in North Carolina and United States, 2016^-2020\*



<sup>\*</sup>Note: 2020 data should be treated with caution due to reduced availability of testing caused by the COVID-19 pandemic. Data is italicized for this reason. ^Case definition for hepatitis C changed in 2016 and then again in 2020.

Data Source: North Carolina Electronic Disease Surveillance System (NC EDSS) (data as of August 1, 2021) and Surveillance for Viral Hepatitis, United States, 2000-2019 CDC reports (https://www.cdc.gov/hepatitis/statistics/2019surveillance/HepC.htm).

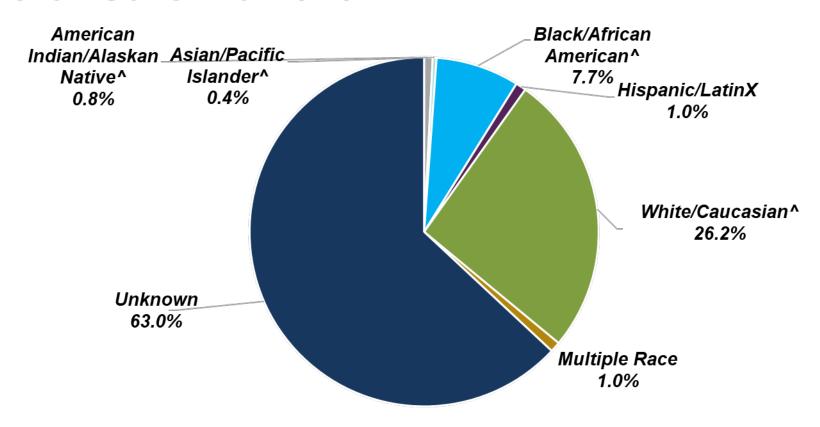
# Age Distribution of Chronic HCV Cases by Gender in North Carolina, 2020\*



\*Note: 2020 data should be treated with caution due to reduced availability of testing caused by the COVID-19 pandemic.

Case definition for hepatitis C changed in 2020.

## Chronic HCV Cases by Race/Ethnicity North Carolina 2020\*

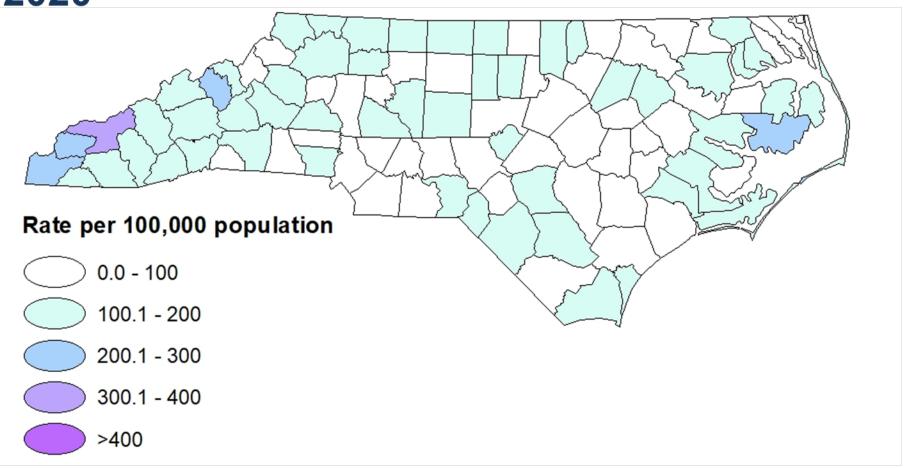


Case definition for hepatitis C changed in 2020.

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<sup>^</sup>Non-Hispanic/LatinX.

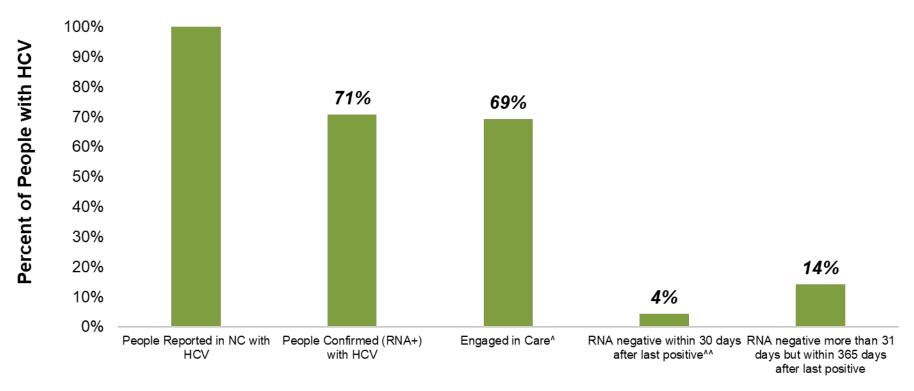
Chronic HCV County Rates in North Carolina 2020\*



Concentrations in some counties may be due to increased availability to testing.

\*Note: 2020 data should be treated with caution due to reduced availability of testing caused by the COVID-19 pandemic. Data is italicized for this reason. Data Source: North Carolina Electronic Disease Surveillance System (NC EDSS) (data as of August 2, 2020).

#### **Hepatitis C Treatment Cascade, 2020\***



<sup>^</sup>Engaged in care is defined as having an additional RNA after their initial date of report to public health.

Negative RNA results are reported into the surveillance system only where an HCV record matches to a subsequent negative test.

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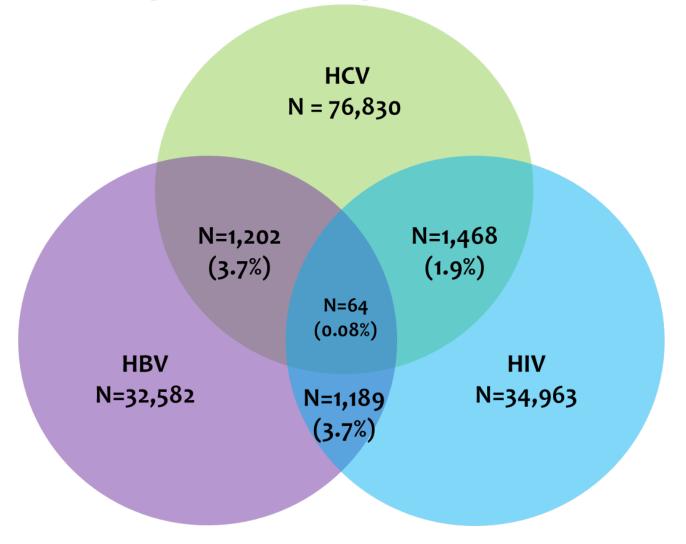
Case definition for hepatitis C changed in 2016 and in 2020.

Includes people reported with acute hepatitis C starting in 2020.

<sup>^^</sup>RNA-negative less than 30 days of positive is a potential indicator of natural clearance, and therefore is its own parameter.

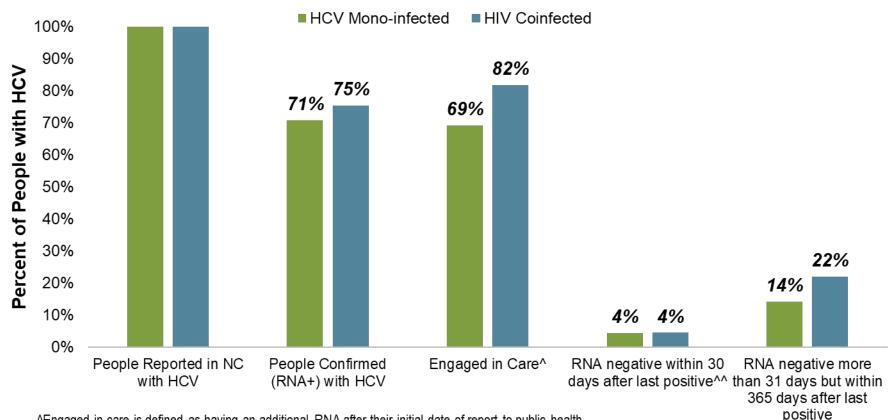
### **Viral Hepatitis and HIV**

#### 2020 HIV/Hepatitis B/Hepatitis C Coinfection



Data Source: enhanced HIV/AIDS Reporting System (eHARS) (data as of June 28, 2021) and North Carolina Electronic Disease Surveillance System (NC EDSS) (data as of August 1, 2021).

#### **HIV and HCV Coinfected Treatment Cascade, 2020\***



<sup>^</sup>Engaged in care is defined as having an additional RNA after their initial date of report to public health.

Negative RNA results are reported into the surveillance system only where an HCV record matches to a subsequent negative test.

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