

ROY COOPER • Governor

MANDY COHEN, MD, MPH • Secretary

BETH LOVETTE, MPH, BSN, RN• Acting Director

Division of Public Health

reported cases

25

20

15 10 5

2014

Congenital Syphilis, NC 2014-2017

■ probable ■ stillbirth □ confirmed-live birth

Birth Year

2016

2017

2015

Public Health Advisory

November 9, 2018

TO: North Carolina Medical Providers

FROM: Victoria Mobley, MD MPH

Medical Director, HIV/STD Program

SUBJECT: Continued Increase in Congenital Syphilis Infections

Congenital syphilis continues to rise in North Carolina. Since 2014, there has been a 229% increase in the number of reported congenital syphilis cases.

Pregnant women with any stage of syphilis, regardless of symptoms, can transmit the infection to their unborn child if not properly treated. Congenital syphilis can result in devastating health consequences for the infant including birth defects, blindness, hearing loss, premature birth and stillbirth.

Congenital syphilis is entirely preventable. What can you do?

- 1) Perform a thorough sexual health and risk assessment at every prenatal visit.
 - *Nearly two-thirds of the women who delivered congenital syphilis infants in 2017 were negative for syphilis at the time of their first prenatal screen, meaning they acquired syphilis later in pregnancy. This highlights the importance of screening more than once during pregnancy.
- 2) Adhere to the North Carolina Public Health Law which requires all pregnant women be screened for syphilis at the <u>first prenatal visit</u>, between <u>28-30 weeks gestation</u>, AND <u>at delivery</u>.
 *Infants who are incubating or infected with syphilis may not exhibit any signs of infection until months or years after delivery which is why maternal testing at delivery is critical.
- 3) Provide the appropriate treatment for the stage of infection, per <u>CDC guidelines</u>.

 *Late or unknown duration syphilis should receive 3 doses of Benzathine Penicillin G 2.4 million units IM, given <u>7 days</u> apart. Missed or late doses will require the entire 3-dose series be restarted.
- 4) Ensure treatment of all sexual partners of pregnant women diagnosed with syphilis to prevent reinfection. <u>Disease Intervention Specialists (DIS)</u> can assist you and your patient with partner notification. Additional information on congenital syphilis in North Carolina can be found on the Communicable Disease Branch webpage.

For general questions regarding the diagnosis and/or treatment of maternal syphilis infections please feel free to call 919-546-1639.

NC DEPARTMENT OF HEALTH AND HUMAN SERVICES • DIVISION OF PUBLIC HEALTH