AIM TO REDUCE LEAD EXPOSURE

LEAD EXPOSURE CAN CAUSE:

- Decreased IQ
- Memory Loss
- Headaches
- Irritability
- Abdominal Cramping
- Constipation
- Impaired Kidneys
- Hypertension
- Reproductive Issues
- Muscle & Joint Discomfort

Exposure to very high lead levels may cause brain damage or even death!

How Can You Reduce Lead Exposure?

- Do not eat, drink or smoke while handling firearms or ammunition.
- Wash your hands after handling firearms or ammunition.
- Avoid tracking lead into your home by changing clothing and shoes after using the shooting range and casting bullets.
- Have your blood lead level tested by your primary care provider.

Do you have kids?

- Children and pregnant women are at an increased risk of health effects from lead exposure.
- Young children can become poisoned from take home lead exposure due to normal hand-to-mouth behavior.

LEAD POISONING IS 100% PREVENTABLE

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